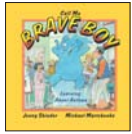
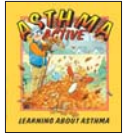






# ASTHMA RESOURCES ORDER FORM

 <p><b>Asthma Action Handbook</b> 33-page book covers asthma management basics and includes a tear-out asthma action plan. Eng. _____ Fr. _____</p>	 <p><b>Asthma in Children</b> 52-page book for parents/caregivers of children with asthma, including a tear-out asthma diary card. Eng. _____ Fr. _____</p>	 <p><b>Asthma Control Check</b> Brochure includes quick test of asthma control, tips on managing asthma, and where to get help. Eng. _____ Fr. _____</p>																																
 <p><b>Call Me Brave Boy</b> Story book for 2-6 yr. old children with asthma with illustrations by Michael Martchenko. Eng. _____ Fr. _____</p>	 <p><b>Asthma Active</b> Activity book for 7-12 year old children full of fun educational games. Eng. _____ Fr. _____</p>	 <p><b>Questions and Answers About Asthma</b> 44-page book for parents of children with asthma. Eng. _____ Fr. _____</p>																																
 <p><b>Asthma Action Plan</b> Tool to help patients better manage their asthma using the common green, yellow and red traffic light format. Eng. _____ Fr. _____</p>	 <p><b>Asthma Diary</b> Keep a record of symptoms, medication use and peak flow readings to help better manage asthma. Eng. _____ Fr. _____</p>	 <p><b>All About Asthma Triggers</b> (For Health Care Providers Only) This 40-page book assists health care providers in managing asthma triggers for their patients. Eng. _____</p>																																
 <p><b>Managing Asthma Episodes Poster</b> Poster for hanging: Eng. _____ Fr. _____ Reference page for binder: Eng. _____ Fr. _____</p>	 <p><b>Student Asthma Management Plan</b> Schools can use this form to track students with asthma, including medications and emergency contacts. Eng. _____ Fr. _____</p>	 <p><b>Smoke-Free Homes</b> Pamphlet explains how to make your home smoke-free. Includes stickers: Welcome to our Smoke-Free Home Welcome to our Smoke-Free Vehicle Eng. _____ Fr. _____</p>																																
<p><b>Asthma Fact Sheets</b></p> <table border="0"> <tr> <td>Asthma and Exercise:</td> <td>Eng. _____ Fr. _____</td> <td>Triggers in the Home Environment:</td> <td>Eng. _____ Fr. _____</td> </tr> <tr> <td>Adult Onset Asthma:</td> <td>Eng. _____ Fr. _____</td> <td>Using Inhaled Steroids in Asthma:</td> <td>Eng. _____ Fr. _____</td> </tr> <tr> <td>Asthma and Pets:</td> <td>Eng. _____ Fr. _____</td> <td>Alternative/Complementary Therapies:</td> <td>Eng. _____ Fr. _____</td> </tr> <tr> <td>Asthma and Smoking:</td> <td>Eng. _____ Fr. _____</td> <td>Using an MDI:</td> <td>Eng. _____ Fr. _____</td> </tr> <tr> <td>Childhood Asthma:</td> <td>Eng. _____ Fr. _____</td> <td>MDI and Spacer (Mouthpiece &amp; Mask):</td> <td>Eng. _____ Fr. _____</td> </tr> <tr> <td>Asthma in the Workplace:</td> <td>Eng. _____ Fr. _____</td> <td>Using a Turbuhaler:</td> <td>Eng. _____ Fr. _____</td> </tr> <tr> <td>Asthma and Travel:</td> <td>Eng. _____ Fr. _____</td> <td>Using a Diskus Inhaler:</td> <td>Eng. _____ Fr. _____</td> </tr> <tr> <td>What is Asthma:</td> <td>Eng. _____ Fr. _____</td> <td></td> <td></td> </tr> </table>			Asthma and Exercise:	Eng. _____ Fr. _____	Triggers in the Home Environment:	Eng. _____ Fr. _____	Adult Onset Asthma:	Eng. _____ Fr. _____	Using Inhaled Steroids in Asthma:	Eng. _____ Fr. _____	Asthma and Pets:	Eng. _____ Fr. _____	Alternative/Complementary Therapies:	Eng. _____ Fr. _____	Asthma and Smoking:	Eng. _____ Fr. _____	Using an MDI:	Eng. _____ Fr. _____	Childhood Asthma:	Eng. _____ Fr. _____	MDI and Spacer (Mouthpiece & Mask):	Eng. _____ Fr. _____	Asthma in the Workplace:	Eng. _____ Fr. _____	Using a Turbuhaler:	Eng. _____ Fr. _____	Asthma and Travel:	Eng. _____ Fr. _____	Using a Diskus Inhaler:	Eng. _____ Fr. _____	What is Asthma:	Eng. _____ Fr. _____		
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 <p><b>Work-Related Asthma Brochures</b> Visit <a href="http://www.on.lung.ca">www.on.lung.ca</a> - click <b>Order/view resources</b> or call 1-888-344-LUNG (5864).</p>	 <p><b>Helpline Tear-Off Pad</b> — promotes The Lung Association toll-free Helpline staffed by Certified Respiratory Educators: Eng. _____</p>																																	

**Other Resources:** \_\_\_\_\_ Eng. \_\_\_\_\_ Fr. \_\_\_\_\_

## Order free copies:

- Call The Asthma Action Helpline at 1-888-344-LUNG (5864).
- Fax this order form to 416-922-9430.
- Online at [www.on.lung.ca](http://www.on.lung.ca) click on **Order/view resources**.

Name: \_\_\_\_\_ Company: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Prov. \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_ Tel: \_\_\_\_\_ Health Prof. (specify): \_\_\_\_\_ Other (specify): \_\_\_\_\_

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